

Wellness Policy Committee

Minutes
September 18, 2019

FUSD Admin Center
Conference Room A/B
4 p.m.

1. Introduction of Chartwells' personnel
 - Tanya Williams, Food Service Director
 - Sheila Walsh, Food Service - first resident dietician
 - Round the table introductions

2. Food Service Update
 - What Chartwells is doing
 - Compass Group USA
 - New stations- perhaps Indian food
 - Student choice booth – They choose option A or Option B-whatever gets the most votes is added to the menu.
 - Discovery kitchen booth set up to encourage students to try different things, fun facts sheets, etc.
 - How the menu is created
 - Menu- Webtrition- has USDA nutritional standards to help create the menu for the week. Regional dietician-Betsy
 - Linked to Nutrislice page
 - FUSD items will be added to the system
 - Use of disposables/future use of disposables
 - Kitchen with a Dishwasher in place-reusable trays can be utilized-Knoles is the only elementary school that has one. Additional staff will be needed. New dishwashers cost about \$20,000.
 - Current Styrofoam trays are recyclable if we were in an area that recycled them.
 - Paper products
 - Must be cost effective
 - Durable
 - Recycling at schools was discussed.
 - FHS is using paper boat trays.

Additional comments/discussion:

- Suggested that we check Webtrition and compare with FUSD Wellness Policy.
 - Consider using white fiber pasta
We would need to find a vendor to provide this item on a mass scale.
 - Chartwells will meet with Marshall's PTO on healthy alternatives for snacks.
 - PdH has implemented healthy snacks in the classroom.
 - Proposed to have a snack bar that sells fresh fruits & vegetables rather than other snacks.
 - Chartwell initiative aimed at athletes-closed program
Coaches, parents, or students would have to order snacks in advance.
 - Vending machines that offer fruit did not work because the fruit spoiled.
 - Students must take a fruit or vegetable when they come through the serving line.
 - Canned fruit is packed in fruit juice or extra light syrup.
 - Several schools do not serve chocolate milk.
 - Surplus Table-last year some students picked up several cinnamon rolls at breakfast. How can we make sure they are not overdoing it?
 - Make sure that what is actually practiced is that which is beneficial to students.
 - Is oral health missing from our policy?
 - Smarter Lunchroom was mentioned
3. Presentation to FUSD Governing Board
- Second Board meeting in October
4. Local Wellness Policy Plan Assessment
- School Meals Standards section was given to committee members attending the meeting. Send comments to ekeller@fusd1.org
Board member will serve on the committee.

The next meeting of the Wellness Policy Committee will be on Thursday, October 3, 2019.